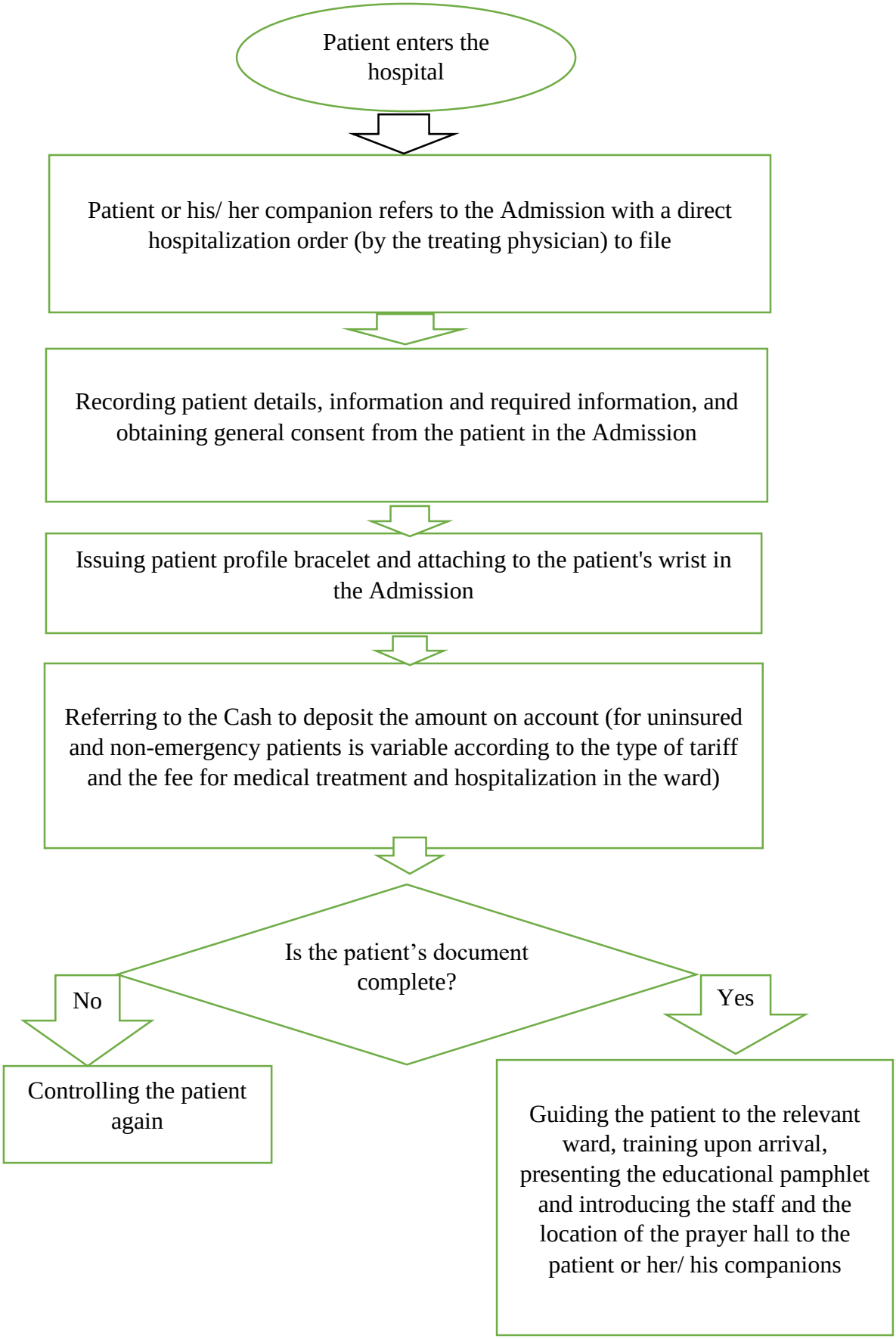Admission Guide of VH